



Floatation Therapy



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How Floatation Therapy can help you:

- Promotes overall relaxation
- Decreases symptoms of anxiety and depression
- Lessens muscle and joint pain
- Improves sleep patterns

Feel free to ask your Physician if Floatation Therapy can benefit you.

Prices:

60 minute session: \$55

90 minute session: \$75

Frequently Asked Questions:

What do I need to bring? –

Just Yourself! We provide a towel, washcloth, ear plugs and soap for your pre and post shower. You may want to bring a brush, hair dryer or your own products such a deodorant and lotion.

What do I wear? – Some “first time” float clients will opt for a swimsuit if they feel more comfortable wearing something. We want you to be comfortable – do what is best for you!

How clean is the water? – The solution is fully drained out of our float pod then passes through several filters. Our filters are fully effective to one micron (which is 100 times smaller than a human hair!) Epsom salt (each tank has close to 1000lbs of Epsom salt) is a natural disinfectant, it is next to impossible for bacteria to live in our pod solution.

When is Floatation Therapy available? – We schedule sessions Monday through Saturday starting at 10am. Our last appointment is at 5:30pm. Evening and weekends book up quickly so please call in advance!

Ask about our float packages!